

## NRC BOAT USAGE GUIDELINES

BOAT	USERS	WEIGHT RESTRICTION	NOTES
<b>RECREATIONAL</b>	<b>New rowers (1 – 2 years experience)</b>		
Osprey			
Cygnets			
Troup			
Grohman			
New Litesport 1			
New Litesport 2			
Taghum (Literiver)			
New Literiver			
New Literiver (coming at the end of April 2021)			
<b>RACING SINGLES</b>	<b>Experienced rowers (3 or more years)</b>		
Jaws I		145 lbs./65 kg	in rough conditions, turn around; in bad weather go to shore and leave boat on beach
Jaws II		145 lbs./65 kg	see Jaws I
Carbo	Suitable for novice rowers, especially with pontoons		
Loomer			<b>high-value boat</b>
McMurphy		130 lbs./59 kg	<b>high-value boat</b>
Dominique Preney (new)		170 lbs./77 kg	<b>high-value boat</b>
<b>DOUBLES</b>	<b>New + Experienced rowers</b>		
Ducky	Not used in 2021		
Wong			
Don Arnold	Not used in 2021		
Kiwi Magic	Not used in 2021		
Kootenai	Experienced rowers only		<b>high-value boat</b>
<b>QUADS</b>			
Columbia (recreational)	Not used in 2021		
Swan (racing)	Not used in 2021		

### **NRC members entitled to row our high-value boats:**

BECK	Aaron
BOISVERT	Chantal
HEDGES	Ellie
KING	Jen
DE PAUW	Sophie
DESCHENES	Marc

If you would like to row any of our high-value boats and you are not on this list, please contact our coach (currently Kimberley Shea). She will refer you to an experienced member who will take you out on the water to make sure you have the rowing experience required to row these boats. Please keep in mind that the reason for this rule is solely to protect you from injury and our high-value boats from any unnecessary damage.

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DE ST. JORRE	Maurice
EDMUNDS	Kurt
HAROLD	Jesse
HOGADE	Varun
MOE	Sandy
KNIGHT	Steven
KROMER	Petra
LEVIN	Andrea
FORSYTHE	Alexandra
PRENEY	Dominique
SHEA	Kim
SOOKORUKOFF	Narelle
TALBOT-KELLY	Alison

Last updated June 2020

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