

Nelson Rowing Club Rules - Adult Rowing 2021

- 1. Only members may use club equipment**, unless part of an event organized by the club (Come-and-Try, etc). Members of other rowing clubs may be able to use club equipment when coordinated with the executive and accompanied by members.
- 2. There must be a minimum of two boats on the water in every rowing session.** No exceptions. This rule is in place both for safety and for the prevention of damage to boats.
- 3. Rowing is only permitted during daylight hours. Rowing sessions may not begin if there is thunder, lightning, low fog, or white caps.** Early morning sessions must begin as early as a half hour after dawn and evening rowing sessions must end a half hour before dusk.
- 4. All adults must sign in prior to rowing, and again when they return.** This includes:
 - Entering their name on the Rowing Sign Up (Google Sheet);
 - Complete health check (AirTable app); and
 - Sign-in and out at the boathouse (log sheet).
- 5. Rowers must wear an approved inflatable or buoyant personal floatation device (pfd)** while they are on the water. All members are encouraged to purchase and use a personal pfd. If a member borrows the club's pfd and it is deployed, the member is responsible for replacing the cartridge. **Rowers must carry** a sound-signaling device (e.g. whistle) and their key to the boathouse. **Rowers are strongly recommended to carry** a cell phone (charged, in a waterproof bag, with emergency contact numbers), and a tow line. During a regatta, rowers may not be required to carry safety equipment if there is a designated safety craft, as detailed in [Small Vessel Regulations](#).
- 6. All adult members may use the recreational boats.** The racing boats may only be used by members with several years experience. The high-value boats may only be used by members authorized by Kimberley Shea or Dominique Preney, to protect these boats from unnecessary damage. A [list of all boats and their classification](#) is posted in the boat house.
- 7. Rowers must avoid collisions at all times.** Preventative measures include: frequent shoulder checks, wearing bright colours, following the established rowing pattern as posted in the boathouse, avoiding rowing in the middle of the lake, considering wind and weather patterns, never using headphones while rowing, proactively communicating with other water users, including alerting other rowers to hazards via Slack.
- 8. Each member is responsible to pay for the repair of any damage they cause to equipment.** This includes dings, dents, and other damage that is a result of improper docking, transport, or collisions. Damage to the boats, oars, or infrastructure should be immediately reported to Equipment Manager (Dominique Preney) and also clearly indicated on the equipment so that others do not use it.
- 9. Rowers must ensure the boat house is securely locked when not attended.** This includes while rowing and after the equipment is returned. Each adult member is entitled to a key to the West Bay padlock, for which a refundable deposit of \$10 is required.
- 10. Use of the coach boat.** Unauthorized use of the coach boat is not allowed, unless in an emergency where there is no other way to get urgent help.

Breaking any rule is subject to consequences detailed in the [Policy and Guidelines](#)

