

## **The Nelson Sprints Regatta 2019**

Join us for the Nelson Sprints Regatta on Saturday, August 10, 2019 at Lakeside Park in Nelson, BC. Our regatta offers events for rowers of all ages and experience. The race schedule will include 500m sprints for novice and recreational crews in junior and masters categories. All other races will be 1000m. A minimum of three entries are required to make an event. Boat types include 1X; 2X; 4X. Additional boats will be considered if sufficient interest/equipment warrants.

The regatta fee is \$60. This fee includes entry in multiple races followed by a post-race BBQ and Awards ceremony. To participate in the Nelson Sprints, all rowers must register on line with Regatta Central. Payment can be made at time of registration or in person at the NRC Boathouse, on Friday, August 9. Entry fee includes all Regatta Central per/race fees.

Attendance at "BBQ and Awards" for additional guests will be welcomed at \$10 per person. Advance notice is required to accommodate extra guests at the BBQ.

The Nelson rowing Club looks forward to welcoming you to the Nelson Sprints Regatta 2019. Visit: <http://www.hellobc.com/nelson.aspx> for information on accommodations in Nelson. The Nelson Rowing Club extends their thanks to RowBC and RCA for their support of the Nelson Sprints Regatta.